

FOOD

**WE ARE SHARING PLATES AND
CATCH-UPS WITH MATES**

www.wearebar.com



TO START OR SHARE

Spicy Tortilla Chips (v, df) With guacamole and tomato salsa	4.50
Courgette Involtni (gf) Courgette rolls stuffed with Parma ham, buffalo mozzarella and tomato salsa with a basil oil dressing	5.50
Crispy Squid and Lemon Baby squid and lemon slices, golden-fried with aioli	7.50
Vegetable Tempura (v, n) Broccoli, green beans and red pepper, with a peanut mayonnaise	5.00
Sausage Rolls Tear and share, served warm with mustard ketchup	6.50
Beetroot Borani Dip (v) Beetroot yoghurt dip topped with feta cheese and dill, served with warm pitta bread	6.50
Baby Spinach, Avocado and Bacon Salad (df, gf) With balsamic dressing	5.50
Mushroom Rolls (v) And red onion chutney	6.50
Halloumi Chips (v) With harissa yoghurt dip	5.50

SHARERS

The Vegetarian (v, n) Beetroot borani dip and pitta, spicy tortilla chips, guacamole and tomato salsa, vegetable tempura with peanut mayonnaise and smashed pea and broad bean bruschetta	18.00
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The Carnivore Sausage rolls and mustard ketchup, buttermilk chicken and chipotle mayonnaise, spicy tortilla chips with guacamole and tomato salsa, grilled courgette and Parma ham rolls	20.00
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The Big Cheese Winterdale Shaw cave aged Cheddar, Golden Cenarth rind-washed soft cheese and Perl Las blue, served with biscuits, red onion chutney and frozen grapes Perfect for four to share with a bottle of wine	24.00
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SANDWICHES AND WARM CIABATTAS

Mature Cheddar and Red Onion Chutney (v) On granary bread	6.25
Smashed Pea and Broad Bean Bruschetta (v) Open sandwich on toasted ciabatta, topped with smashed pea and broad beans, watercress and feta cheese	6.50
Salt Beef and Gherkins On granary bread with piccalilli	6.50
WE ARE BAR Club Sandwich Thick cut gammon, avocado, bacon, lettuce, tomato and chipotle mayonnaise on toasted granary bread	8.50
Steak and Perl Las Blue Cheese With a smoky mushroom marmalade, toasted ciabatta and skinny fries	12.50

(v) Suitable for vegetarians. (df) Dairy free. (n) Contains nuts. (gf) No gluten containing ingredients. (ve) Vegan.

We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Our descriptions do not contain all ingredients; so, please ask your server, if you have any particular allergy or requirement. A discretionary service charge of 10% will be added to your bill.

BURGERS

All served with skinny fries

The Burger (n) In a brioche bun, with Winterdale Shaw cave aged Cheddar, peanut butter, caramelised onions, baby gem and tomato	12.00
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Halloumi and Hummus Burger (v) Grilled halloumi, hummus, roasted red peppers, rocket and baby gem lettuce, in a brioche bun	10.00
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Buttermilk Chicken Burger Crispy seasoned chicken breast in a brioche bun with chipotle mayonnaise and crunchy slaw	13.00
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MAINS

Baby Spinach, Avocado and Bacon Salad (df, gf) With balsamic dressing	9.50
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Superfood Kale Salad (Ve, gf) Green kale, broccoli, red cabbage, chickpeas, red rice and quinoa, roasted peppers, grilled courgettes, avocado and pomegranate seeds in a lemon, almond and ginger dressing	10.00
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with Grilled Chicken	12.50
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with Grilled Salmon	14.00
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with Grilled Halloumi (v)	12.00
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Asian Salad Asian slaw with pak choi, seasoned with fresh ginger, mint and chilli, garnished with spring onions and sesame seeds	
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with Five-Spiced Duck	12.50
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with Grilled Salmon	14.00
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Steak Frites	13.50
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Entrecôte steak, skinny fries, garlic butter and watercress

Cumberland Sausage and Mash	12.00
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With roasted onion veal jus

Fish and Chips	12.50
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Cod in a tempura batter, with skinny fries, tartare sauce and smashed pea, broad bean & mint salsa

SIDES

Skinny Fries with Parmesan and White Truffle Oil	4.50
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Skinny Fries (v)	3.00
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Rocket & Parmesan Salad with a Balsamic Glaze Oil (v, gf)	4.00
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Green Beans with Butter and Sesame Seeds (v, gf)	4.00
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DESSERTS AND CHEESE

Crème Brûlée (v, gf)	5.00
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Affogato (v)	4.50
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Vanilla bean ice cream and a double espresso with your choice of liqueur -

Baileys, Kahlua or Cointreau	6.00
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Warm Cinnamon Doughnuts With warm chocolate dipping sauce and strawberries	
5 Warm Cinnamon Doughnuts	6.00
10 Warm Cinnamon Doughnuts	12.00
20 Warm Cinnamon Doughnuts	24.00

Cheese Board	12.50
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Winterdale Shaw cave aged Cheddar, Golden Cenarth rind-washed soft cheese and Perl Las blue, served with biscuits, red onion chutney and frozen grapes