

**WE  
ARE  
BAR**

# LUNCH MENU

## STARTERS

- Flour-dusted calamari & lemon**, chipotle mayonnaise 6.50  
**Crumbed mozzarella wedges**, garlic mayonnaise, basil pesto (v, n) 5.50  
**Prawn cocktail**, baby prawns, Marie Rose sauce, avocado & tomato salsa, baby gem, prawn crackers 6.95  
**Tempura vegetables**, peanut mayonnaise (v, n) 5.00  
**Smoked salmon**, capers, marinated red onions, dill 6.75  
**Chicken liver pâté**, red onion chutney, pickled onions, toast 6.00

## BURGERS

All burgers served in a brioche bun with skin-on fries

- WE ARE BAR beef burger**, cheddar cheese, caramelised onions, baby gem, peanut butter (n) 12.00  
**Buttermilk chicken burger**, crunchy slaw, chipotle mayonnaise 12.00  
**Halloumi & houmous burger**, roasted peppers, sweet chilli sauce, rocket, baby gem (v) 12.00  
**Fish finger burger** - crumbed cod, tartare sauce, ketchup, baby gem 12.00  
[ Add to your burger - onion rings, bacon, sliced avocado or jalapeños 1.50 each ]

## SANDWICHES

- WE ARE BAR Club** - roast ham, bacon, avocado, chipotle mayonnaise, baby gem, tomato 8.50  
**Black Bomber cheddar**, red onion chutney (v) 7.00  
**Smoked salmon & Marie Rose prawns**, baby gem, lime & coriander sour cream 8.50  
[ Choose either granary or white bloomer on any of the above ]  
**Our City special** - roasted chicken, BBQ sauce, bacon, cheddar cheese, ciabatta 8.95  
**Smashed avocado on toast** - cherry tomatoes, capers, chilli, rocket, lime & coriander sour cream, ciabatta (v) 8.00  
**Salt beef bagel**, piccalilli, gherkin, toasted bagel 7.00

## MAINS

- Superfood baby kale salad** - broccoli, red cabbage, red rice & quinoa, chickpeas, roast peppers, avocado, oat & nut crumble, pomegranate, almond & ginger dressing (ve, gf, n) 10.00  
**Caesar salad** - baby gem, Caesar dressing, shaved parmesan, oat & nut crumble (n) 9.50  
**Thai green vegetable curry** - peppers, baby spinach, sugar snaps, green beans, creamy coconut curry sauce, jasmine rice (v) 10.00  
[ Add grilled chicken to your salad or curry 3.50 ]  
**Steak Frites** - 6oz ribeye, garlic butter, watercress, skin-on fries 14.00  
**Fish and chips** - tempura battered cod, fat chips, tartare sauce, mushy peas 13.00  
**Salmon & cod skewer**, red rice & quinoa salad, avocado, caper & tomato salsa, mixed salad 15.00

## EXTRAS

- Skin-on fries** (v) 3.50  
**Skin-on fries**, parmesan & white truffle oil (v) 4.50  
**Fat chips** (v) 3.50  
**Sweet potato fries** (v) 4.00  
**Onion rings** (v) 3.50  
**Rocket & parmesan salad**, balsamic dressing (v, gf) 3.50

## PUDDING

- Warm cinnamon doughnuts**, chocolate dipping sauce, strawberries (v)  
5 doughnuts 6.00 - 10 doughnuts 12.00 - 20 doughnuts 24.00  
**Crème brûlée**, strawberries 5.00  
**Mango sorbet** (v, df) 4.00

(V) Suitable for vegetarians (GF) Gluten-free (DF) Dairy-free (VE) Suitable for vegans (N) Contains nuts. Please always inform your server of any allergies before placing your order, as not all ingredients can be listed. Detailed allergen information is available upon request. We cannot guarantee the total absence of allergens in our dishes. Burgers are cooked to order. Consuming raw or undercooked meats may increase your risk of foodborne illness and effects may be more severe in children, pregnant women, the elderly and those with weakened immune systems. A 12.5% optional service charge will be added to the final bill.